

## **Laser Hair Removal Patient Information**

Our “Trio” Laser hair machine permanently reduces hair for men and women of all skin types. This “in-motion” laser hair removal medical device is fast, effective, and virtually painless compared to past generations of energy devices. Most patients do not even use numbing cream before treatment.

### **What to expect:**

Laser hair removal usually takes a series of 3 to 5 treatments spaced 4 to 8 weeks apart; depending on the body area to be treated and your individual genetics. The skin is cooled by contact with the applicator which is moved in a steady pattern over the treatment area. After a series of treatments, you can expect a 70 to 90+ percent permanent hair reduction. 90+% of patients respond well to Laser Hair Reduction and some patients will need from 2 to 10 sessions for results.

### **Before your treatment:**

- 1. Shave the area the day before treatment to remove all hair stubble and have any skin nicks/cuts healed before laser treatment**
- 2. Remove any lotion, sunscreen, deodorant or makeup on the skin to be treated.**
- 3. Patients with a history of herpes outbreaks in the treatment area should take their usual preventive anti-viral medication prior to treatment and continue for 3 days.**
- 4. Some patients prefer an air cooler or using numbing cream for sensitive areas**
- 5. Identify for us and isolate any Tattoos near the planned treatment areas.**
- 6. Let us know if you are allergic to the ultrasound gel, which is applied to your skin for contact to the device.**

### **Hair Growth:**

Hair growth is greatly affected by hormones and genetics. There are 3 phases in the cycle of hair growth with different hairs at different phases. Multiple treatments are needed to ensure all hairs have been treated during the sensitive (anagen) phase of growth for a long-term result.

### **How it works:**

Laser energy is absorbed by the melanin in the hair shaft that travels down to heat and kill cells around the hair follicle bulb. The hair follicle must be in a cell growth phase permanent hair reduction.

### **Options to Laser Hair Removal:**

Epilation or “plucking” can be very uncomfortable and time consuming. The trauma from plucking can lead to inflammation and hyperpigmentation. Waxing has the same risks as plucking. Depilation using a chemical to dissolve the hair may cause skin irritation. Shaving can cause razor or shave bumps. The home devices for unwanted hair are classified by the US Food and Drug Administration as cosmetic products. They have significantly less rigorous evaluation of safety and efficacy prior to commercial distribution. Electrolysis involves inserting a very fine needle into each hair follicle and applying an electrical current. Electrolysis is time consuming and a little painful, but the only permanent option for white or light grey hair.

Our certified staff of MDs, NP and RNs are experts in laser hair removal for the face and body. We are committed to your comfort, results and safety. Side effects after our treatments is very uncommon, so please text or call us call directly or leave a message at 415-405-0200, or email us at [aestheticpearlmd@gmail.com](mailto:aestheticpearlmd@gmail.com)