

Consent for Botox or Dysport and /or Dermal Filler Therapy

BOTOX (Botulinum Toxin Type A) side-effects occur 5% of the time. Possible complications include: swelling, tenderness, bruising, headache, lid dropping or an ineffective result. Bruising may occur from the needle placement. Avoid aspirin like products, vitamin E, fish oil, or Ginkgo, a week before the procedure and inform us if you are on blood thinners. If you do bruise afterwards, come to the office for a complimentary DyeVL (focused intense pulse light) treatment to reduce the bruise much more quickly.

1. The national incidence of temporary lid dropping ranges from 1% to 3% of all Botox treatments.
2. Other possible side effects include: dry mouth, swelling, pain at the injection site, tiredness, double vision and allergic reactions. Headaches may be mild, usually transient and can be treated with Tylenol.
3. Botox can be given alone or at the same visit as a Filler procedure. Avoid strenuous exercise and exposure to excessive cold, heat or sun the first 24 hours after treatment with either therapy.
4. Allergic reactions and hypersensitivity can occur with any product injected under the skin. Inform us if you have a history of multiple severe allergies. We can give a small test dose of Botox, but we would not administer any Fillers.

DERMAL FILLERS: We utilize all hyaluronic acid based (Juvederm series) fillers purchased from Allergan. The products are FDA approved for use in cosmetic treatments for moderate to severe wrinkles and volume loss in the areas around the nose, mouth, chin, and jaw. Fillers are used in other areas, but are off label. Treatments can last anywhere from 6 months to over two years, depending on the product. More than one injection is placed or layered to achieve a satisfactory result. The treatment is individualized and performed in steps. Understand that you have other options including permanent treatments.

Possible Filler Complications:

1. risk of bruising, skin redness, swelling, pain at the injection site, tenderness, itching, allergic reaction, rash, and raised bumps of skin (nodules). These symptoms are usually mild and typically last a few days but can last up to a few months. In rare cases bruising can last several months and even be permanent.
2. Post treatment bacterial, viral and/or fungal infections can occur which in most cases are easily treatable but in rare cases a permanent scarring in the area can occur. If you are prone to Herpes outbreaks around your mouth; be sure to take your usual preventative acyclovir (Valtrex).
3. Allergic reactions to any product used. There is lidocaine in the Filler product injected.
4. Acne-like skin eruptions can occur after a filler injection that resolves in days
5. Safety for use in patients with known susceptibility to keloid formation, hypertrophic scarring, and pigmentation disorders has not been studied.
6. The needles used for injection are mostly so small that the entry sites are not even visible in days. When a catheter is used, a slightly larger skin entry is needed and scarring is possible.
7. Lumpiness after injection is usually normal but can also be undesirable if persisting. Most lumpiness is resolved with time and "molding" in the office. We routinely follow-up one month after a filler injection to fine-tune, and mold the filler. There are locations that filler can be felt for long periods of time. If undesired filler is confirmed, melting the filler away is possible at any time.
8. If you have very thin skin, or in certain locations, it may be possible to see filler under the skin.
9. Filler can migrate and move from the original location, resulting in fullness in undesired locations.
10. Granulomas are very rare, but have occurred when filler is injected into an area of infection (acne).
11. Skin necrosis is very rare and unusual. If this occurs, surgery and scarring is possible.
12. Antibodies to Filler (hyaluronic acid) can develop and reduce the filler's effectiveness or cause local reactions.
13. Intra-arterial or intravenous injection is rare, but can block blood flow and cause tissue damage. If persistent, the blockage can cause tissue necrosis or blindness. The risk of blindness is rare and serious.
14. This list is not meant to be inclusive of all possible risks associated with dermal fillers as there are both known and unknown side effects associated with any medication or procedure.

Limitations:

1. Botox or Fillers are not approved for pregnant or nursing women. Animal studies have not been performed to determine if these products produce fetal harm, or break down into human breast milk.
2. Fillers are not approved for individuals with allergies to Lidocaine or Gram-positive bacteria proteins.
3. Avoid Dental procedures, Aspirin, NSAIDs, recreational drugs (cocaine) for **2 weeks** before and after your Filler injections.
4. Avoid fish oil (Omega 3 FAs), blood thinners (warfarin), vitamin C & E, supplement tablets of: ginkgo, ginseng, garlic, and alcohol for 1 week
5. Please inform us if you have a tendency to “faint” easily.
6. Dermal fillers are not an exact science, there might be an uneven appearance of the face with some areas more affected by the fillers than others. In most cases this uneven appearance can be corrected by “molding at the follow-up visit. If indicated, more injections in the same or nearby areas are given. Filler may need to be reversed with injections of hyaluronidase (Hylenex), an enzyme that disperses and absorbs other injected medications.
7. There is a varying amount of swelling and discomfort from the procedure. It will take one to several weeks for swelling to resolve and even longer to no longer feel the injected material as it is replaced with water molecules.
8. Fillers do not stop aging and are not a face-lift. While they diminish wrinkles and soft tissue depressions; they are not permanent and may not produce a satisfactory result. Other treatments for wrinkles and volume loss include: topical creams, lasers, skin tightening, surgery, and no treatment.
9. The number of units injected is an estimate of the amount of dermal filler required to add volume to the skin and give the appearance of a smoother face. Correcting wrinkles and contour deficiencies may not give you the desired aesthetic result, particularly after an initial treatment. A full correction usually requires several visits and layered treatments or additional areas of treatment to approach the desired result. Understand there is no guarantee of results of any treatment, or promise of perfection.

Hyaluronidase (Hylenex): a natural protein widely used in medicine to help other medications spread and absorb. Hylenex is used to reverse the effects of a Filler. Hylenex works immediately and may take hours to 24 hours to see a full reversal of symptoms or fullness. Certain individuals, particularly those allergic to bee stings and other insect bites are allergic to Hylenex and a test dose will be given. Hylenex contains beef proteins, and the preservative thimersol. The most common side effect is redness, pain or swelling. Uncommon side effects include: swelling, hives, breathing problems, chills, irregular heartbeat, feeling faint, nausea or vomiting. Usually, multiple doses of Hylenex are needed to reverse a Filler.

“I have read the foregoing informed consent, understand the treatment benefits, risks, alternatives, complications, expected results, follow up plan, and have no further questions. I give consent to perform this and all subsequent Botox and/or dermal filler treatments with the above understood. I hereby release the doctor, the person injecting the dermal filler and the facility from liability associated with this procedure.

I recognize that unforeseen conditions may necessitate different procedures than requested. I authorize the doctors, assistants and designees to perform other procedures that are in the exercise of his or her professional judgement necessary and desirable for my benefit. I understand that some procedures are not planned or known to be needed at the time this procedure began. I agree to anesthesia if necessary or advisable. I understand that all forms of anesthesia involve the risk of complications, injury and rarely death. I understand that there are no warranties or guarantees implied or specific about my outcome. I have had the opportunity to explain my goals, discuss realistic goals, and ask questions. I understand what the providers can and cannot do, and I have the choice to not have treatment.”

Signature: X _____ Date: _____

Printed: _____ Witness: _____