

## **Consent for Botox or Dysport (Neurotoxin) Therapy**

**BOTOX** (Onobotulinum Toxin Type A) or **Dysport** (Abobotulinum Toxin Type A) use have side-effects 5% of the time. Temporary possible complications can occur immediately or days later include: swelling, tenderness, bruising, headache, lid dropping or an ineffective result.

1. Bruising may occur from the needle placement. Avoid aspirin like products, vitamin E, fish oil, or Ginko, a week before the procedure and inform us of what medications you take, and if you are on blood thinners. If you do bruise afterwards, come to the office for a complementary DyeVL (focused intense pulse light) treatment to reduce the bruise much more quickly.
2. A mild Headache could occur, is usually transient, and can be treated with Tylenol. A stepwise introduction of neurotoxin maybe needed for some patients new to injections until they are acclimated.
3. The national incidence of temporary lid dropping ranges from 1% to 3% of all Botox treatments.
4. Other possible side effects include: dry mouth, swelling, pain at the injection site, tiredness, double vision and allergic reactions.
5. Allergic reactions and hypersensitivity can occur with any product injected under the skin. Inform us if you have a history of multiple severe allergies. We can give a small test dose of Botox or Dysport.
6. Serious complications are rare and include problems with breathing, speaking, or swallowing.

### **Limitations:**

1. Avoid Aspirin and NSAIDs for 10 days before your injections.
2. Please inform us if you have a tendency to “faint” easily.
3. There is a varying amount of temporary swelling and discomfort from the procedure.
4. Botox or Dysport can be given alone or at the same visit as a Filler procedure. Avoid strenuous exercise and exposure to excessive cold, heat or sun the first 24 hours after treatment with both or either.
5. The number of units injected is an estimate. Understand there is no guarantee of results of any treatment, or promise of perfection.
6. Patients need to be aware that there are other treatments for wrinkles including topical creams, lasers, skin tightening, fillers and no treatment.

### **Contraindications for Botox or Dysport if you have:**

1. a neuro-muscular disorder (ie: ALS or Lou Gehrig’s, Myasthenia gravis) that affects your ability to breathe.
2. been confirmed to be pregnant or are nursing. Animal studies have not been performed to determine if these products produce fetal harm.
3. an allergy to the neurotoxin or any of the components.
4. a skin infection in the area to be injected or plan to have surgery on your face.

*“I have read the informed consent, understand the treatment benefits, risks, alternatives, complications, expected results, follow up plan, and have no further questions. I give consent to perform this and all subsequent treatments with the above understood. All my questions are answered and I do not have any new medical conditions or medications since my initial visit.*”

Signature: X \_\_\_\_\_ Date: \_\_\_\_\_

Printed: \_\_\_\_\_ Witness: \_\_\_\_\_