

## Aesthetic Treatment Informed Consent

This consent authorizes Pearl Yee MD, and associates or designee to perform procedures including: skin rejuvenation and tightening with lasers, light, ultrasound, microdermabrasion, laser hair removal, energy fat reduction, magnetic energy body contouring, shockwave therapy, plasma energy treatment, neurotoxin, filler injections, PRP (platelet rich plasma) injections for hair growth and facial or body rejuvenation. Treatments, energies and machines used may include: focused intense pulse light, lasers, radiofrequency, focused ultrasound, micro-needling, plasma, shockwave, cool air, ice, and application of numbing cream and local anesthesia. All our treatments are non-invasive and do not require sedation. This global consent allows us to utilize different treatments on different areas based on your needs. Please also review treatment specific handouts and aftercare instructions.

Common side effects:

1. Increased sensitivity to the sun (everyone must avoid the sun if under treatment)
2. Skin feels tighter (use a daily moisturizer and stay well hydrated when having skin tightening procedures).
3. Erythema or skin redness that lasts from 10 seconds to 2 days.
4. Darkening of existing brown spots as they rise to the surface to exfoliate over the next 1 to 5 days (looks like cinnamon or coffee grounds flaking off).

Summary of possible risks and complications of each procedure(s) include but are not limited to:

1. Purpura (red-purple discoloration), broken capillaries, or Bruising
2. Itching (a hive-like response) that lasts 2-3 hours to 2-3 days
3. HSV (Herpes Simplex Virus) activation (take your usual preventative dose of antiviral if you tend to outbreak) or infection
4. Burns, blisters, scabbing, crusting, skin color +/- or textural changes
5. Hyperpigmentation (darkening of the skin- transient, or long term)
6. Hypopigmentation (lightening of the skin- transient, or long term)
7. Scarring, Incomplete healing (rare)

Confirm that you have:

1. provided my past and present medical and surgical history including allergies, medications, epilepsy, or skin cancer
2. identified any tattoos, metal implants, or use of intravenous Gold therapy.
3. not used any chemical peels, been tanning in the sun or in a tanning bed in the past 2 weeks, or used Accutane in the past 6-12 months.
4. reviewed the "Before and After Care Instructions" for my specific treatment(s).
5. agreed to avoid the sun and use sunblock regularly while undergoing treatments, and confirmed that I am not pregnant or nursing or undergoing IVF
6. discussed not having treatment, or alternative treatments for any of the treatments offered.
7. recognized that the practice of medicine is not an exact science, results will vary, and no guarantees have been made.
8. accepted the risk that side effects or complications can not be completely eliminated from known and unknown causes.
9. had my questions answered, understand the fee schedule and have no contraindications to proceeding.

Be informed that:

1. several rejuvenation procedures correct brown pigments, reduce redness, smoothen skin texture and give you that "glow" with no downtime. Results may be immediate, then improves over the next 2-3 days and weeks.
2. Most treatments feel like a painless ultrasound, some have a strobe light, or feel a snap or hear a "pop." Some procedures use a water-based gel to glide the device or Cold air.
3. Different eye protective covers are used for the light or laser used. You will still be aware of the brightness. Radiofrequency and ultrasound treatments do not need eye cover.
4. Bleaching agents can be used on brown pigments to reduce color if tolerated. If you do use bleaching agents or retinols; stop them 2 weeks before and after an energy treatment.
5. Swelling or extensive redness is unusual. Allergic reactions can be treated with an anti-histamine, ice, and HC 1% cream (up to 4 x/day)
6. Good hydration and Daily Sunblock with at least a reapplication at noon time is required. Do wear a wide brimmed hat and large sunglasses to protect your skin.
7. Continue your usual skin care. Over-the-counter Aquaphor can be applied several times a day to any treated area for your comfort and to maintain moisture.
8. Be sure to contact us if you have any concerns or problems after your treatment since this is not expected.

Patient Signature X \_\_\_\_\_ Date: \_\_\_\_\_

Printed Name: \_\_\_\_\_ Witness: \_\_\_\_\_ Update 6.2.23