

Skin Rejuvenation Information and Consent

The Harmony XL Pro utilizes light and/or laser energy (focused intense pulsed light (Dye VL) and/or a fractionated laser) for general anti-aging and skin rejuvenation. DyeVL is exceptional in reducing brown pigments, red vessels and redness of the skin without down time. Typical benign pigmented skin lesions include: sun spots, freckles, lentigines, age-spots, benign moles, café-au-lait spots, and other skin discolorations. Benign vascular lesions in the skin include: facial small blood vessels, inflammation from rosacea, port wine stains, and redness and mottled pigment on the sides of the neck, chest and body from chronic sun exposure. The Clear-lift treatment utilizes laser energy at different depths to resurface skin, reduce fine lines and textural irregularities, improve pores and skin texture, and acne and surgical scars. Used in serial treatments, your own collagen will be stimulated to increase. The Clear-lift skin treatment also reduces deeper reds and browns including melasma.

What to expect:

Your eyes are kept closed during treatment and covered with protective eyewear to shield the laser energy and reduce the bright light for your comfort. A rejuvenation effect can be seen immediately that progressively improves with time. A series of treatments spaced 3 to 4 weeks apart is needed. The light applicator has a built in cooler. A transient pink skin flush or swelling may appear immediately following the treatment that resolves in minutes to hours. With the DyeVL light treatment, a clear gel is applied before treatment to maintain contact and increase comfort and safety. We individualize treatments for your personal needs and results.

DO before your treatment:

Shave the area within 24 hours; it is important to remove all hair stubble for the best results

Remove any lotion, sunscreen, deodorant, spray-on tan, or makeup on the skin to be treated

Patients with a history of herpes outbreaks should take their usual preventive anti-viral medication for 3 days

Ask for cooling and/or numbing cream if NOT having the "in-motion" light treatment^[1]_[SEP]

Allow extra time for a "skin test" if this is your first treatment and isolate any tattoos near the treatment areas

Let us know if you are allergic to the ultrasound gel, which is applied to your skin when using the DyeVL light device

AVOID before your treatment:

NO sun tanned skin in the area to be treated, or wait a month; also wait if planning prolonged sun exposure afterwards^[1]_[SEP]

NO waxing, plucking, threading, bleaching or chemical depilatories for 6 weeks before treatments^[1]_[SEP]

NO facial skin peels or collagen injections for 2 weeks prior to laser hair removal of the face

NO medications like Retin-A or artificial tanning for two days prior to treatment

NO Accutane (Isotretinoin – Roaccutane) for 6 months prior to treatment

RISKS and complications include but are not limited to:

1. Blistering, burns, hypopigmentation, hyperpigmentation, Purpura (red-purple discoloration, bruising)
2. Itching (hive-like response which lasts 2-3 hours to 2-3 days)
3. Herpes simplex virus activation
4. Burns, scabbing, crusting, swelling, broken capillaries, skin color and /or textural changes
5. Hyperpigmentation (darkening of the skin; transient, long term or permanent)
6. Hypopigmentation (lightening of the skin; transient, broken capillaries, long term or not)
7. Scarring, incomplete healing (rare but possibly permanent)

Confirm that you have:

1. provided past and current medical history and medications
2. have instructions regarding "After care of the treated area" and agreed to avoid the sun and use a sunblock
3. confirmed that you are not pregnant and have no contraindications to the performance of this procedure
4. recognized that the practice of medicine is not an exact science, results vary there are no guarantees
5. contact information to call if you have any concerns about side effects or complications after treatment
6. consented to photographs and digital images to evaluate treatment effectiveness, training and education (these photographs and digital images may be used, shared, and displayed publicly without my permission). No photographs or digital images revealing your identity will be used without written consent.

Post-treatment instructions: You may resume your usual skin care routine. Remember to avoid the sun, tanning beds, and tanning lotions. Use sunblock (SPF 45 recommended) after treatment and always, to avoid sun damage. Within 3-4 weeks return for examination of the treatment site and additional treatment, if necessary.

This consent authorizes Pearl W.Yee, M.D. or her assignee at "Aesthetic Pop-Up" to perform aesthetic procedures.

Patient Signature: X _____

Date: _____

Printed Name: _____

DOB: _____

Witness: _____

Pearl W. Yee, M.D. Inc. / Aesthetic Pop-Up Patient Information 9.3.18