

Laser Hair Removal Consent

What to expect:

Your eyes are kept closed during treatment and covered with protective eyewear to shield the laser energy and reduce the bright light for your comfort. Laser hair removal usually takes a series of 5 treatments spaced 4 to 8 weeks apart, depending on the area. The skin is cooled by contact with the applicator. A transient pink skin flush or hair follicle swelling may appear immediately following the treatment. This usually resolves in minutes to hours. After a series of treatments you can expect a 70 to 90+% permanent hair reduction. Cooling is built into our devices; adding a cool air blower may add comfort with certain procedures. A clear gel is applied before treatment to maintain contact and increase comfort and safety. We individualize treatments for your personal needs and results.

DO before your treatment:

Shave the area within 24 hours; it is important to remove all hair stubble for the best results
Remove any lotion, sunscreen, deodorant or makeup on the skin to be treated
Patients with a history of herpes outbreaks should take their usual preventive anti-viral medication for 3 days
Ask for cooling and/or numbing cream if NOT having the "in-motion" laser treatment^[1]_[SEP]
Allow extra time for a "skin test" if this is your first treatment and isolate any tattoos near the treatment areas
Let us know if you are allergic to the ultrasound gel, which is applied to your skin for contact to the device

AVOID before your treatment:

NO sun tanned skin in the area to be treated, or wait a month; also wait if planning prolonged sun exposure afterwards^[1]_[SEP]
NO waxing, plucking, threading, bleaching or chemical depilatories for 6 weeks before treatments^[1]_[SEP]
NO facial skin peels or collagen injections for 2 weeks prior to laser hair removal of the face
NO medications like Retin-A or artificial tanning for two days prior to treatment
NO Accutane for 6 months prior to treatment

RISKS and complications include but are not limited to:

1. Blistering, burns, hypopigmentation, hyperpigmentation, Purpura (red-purple discoloration, bruising)
2. Itching (hive-like response which lasts 2-3 hours to 2-3 days)
3. Herpes simplex virus activation
4. Burns, scabbing, crusting, swelling, broken capillaries, skin color and /or textural changes
5. Hyperpigmentation (darkening of the skin; transient, long term or permanent)
6. Hypopigmentation (lightening of the skin; transient, broken capillaries, long term or not)
7. Scarring, incomplete healing (rare but possibly permanent)

Confirm that you have:

1. provided past and current medical history and medications
2. read the Laser Hair information sheet and am aware of alternative treatments
3. read the instructions regarding "After care of the treated area" and agreed to avoid the sun and use a sunblock
4. confirmed that I am not pregnant and have no contraindications to the performance of this procedure
5. recognized that the practice of medicine is not an exact science, results vary there are no guarantees
6. contact information to call if you have any concerns about side effects or complications after treatment.
7. consented to photographs and digital images to evaluate treatment effectiveness, training and education. No photographs or digital images revealing my identity will be used without my written consent. If my identity is not revealed, these photographs and digital images may be used, shared, and displayed publicly without my permission.

Post-treatment instructions: include avoiding the sun, tanning beds, and sunless tanning lotions. I agree to use sunblock (SPF 45 recommended) after treatment and always to avoid sun damage.

This consent authorizes Pearl W. Yee, M.D. or her assignee at "Aesthetic Pop-Up" to perform laser hair removal for medical aesthetic purposes.

Patient Signature: X _____

Date: _____

Printed Name: _____

DOB: _____

Witness: _____

Pearl W. Yee, M.D. Inc. / Aesthetic Pop-Up Patient Information 9.2.18