

Before and After Skin Rejuvenation Treatment Instructions

Before Your Appointment DO:

- Remove any lotion, sunscreen, deodorant, spray-on tan, or makeup on the skin to be treated
- Allow extra time for a “skin test” if this is your first treatment
- Identify for us any tattoos near the treatment areas so we can isolate them
- Patients with a history of herpes outbreaks should take their usual preventive anti-viral medication for 3 days (best to start the day before your treatment)
- Ask for cooling and/or numbing cream if NOT having the “in-motion” light treatment^[L]_[SEP]
- Let us know if you are allergic to the ultrasound gel, which is applied to your skin when using the DyeVL light device
- If you have hair in the area to be treated, shave the area within 24 hours; it is important to remove all hair stubble for the best results
- Dress comfortably to easily expose the area to be treated or ask for a gown

Before your treatment:

- NO sun tanned skin in the area to be treated, or wait a month; also wait if planning prolonged sun exposure afterwards^[L]_[SEP]
- NO waxing, plucking, threading, bleaching or chemical depilatories for 6 weeks before treatments^[L]_[SEP]
- NO facial skin peels or collagen injections for 2 weeks prior to laser hair removal of the face
- NO medications like Retin-A, self-tanner or artificial tanning for two days prior to treatment
- NO Accutane (Isotretinoin – Roaccutane) for 6 months prior to treatment

After Treatment Instructions:

- You may resume your usual skin care routine, but avoid abrasive scrubbing or excessive heat.
- Skip any loofah or electric scrub brush, peels, bleaching products or retinoids for a week.
- Remember to avoid the sun, tanning beds, and tanning lotions.
- Use sunblock (SPF 45 recommended) after treatment and always, to avoid sun damage.
- You may notice a light exfoliation of brownish pigment starting 24 hours after treatment. If this occurs, do not pick at your skin and let it naturally fall off like cinnamon or coffee grinds. Sun spots will look darker as they concentrate and move to the surface. You may even notice new spots that were deeper that come to the surface before they are extruded. Not everyone will notice this effect after every treatment.
- It is uncommon, so call us if you have any concerns about side effects after treatment (if you do not reach us by phone or email, text or call Dr. Yee directly)
- Within 3-4 weeks return for examination of the treatment site and additional treatment, if necessary.